

A Review of

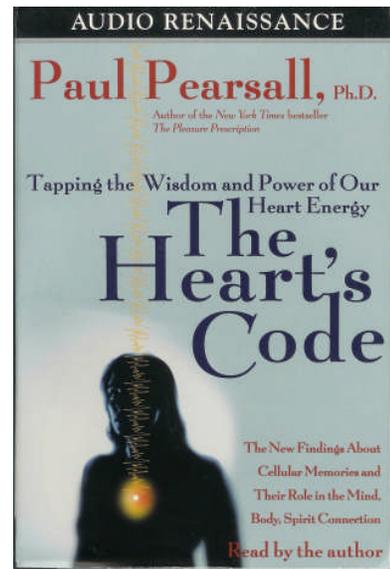
The Heart's Code

Tapping the Wisdom and Power of Our Heart's Energy

Author: Paul Pearsall, Ph.D.

Reviewed by Jim Gleason, heart recipient

As a transplant recipient have you ever been asked about traits being transferred with that transplanted organ? Or have you ever wondered about that concept yourself, maybe even had an experience that seemed to be related to that same possibility? No, then maybe its just related to us heart transplants that such subjects come up. As a heart recipient myself, I have been fascinated with such topics but have not experienced any such transference or cellular memory events myself. I have talked to others who openly share such experiences and through their stories found myself reading Paul Pearsall's very interesting collection of heart recipients' stories of events that defy explanation except by such a reality.



This book goes beyond such stories into developing his “wisdom and power of our heart energy” concepts that I will not comment on here. Instead I find this collection of seventy plus tales, each relating some post heart transplant experience that seems to come from the donor's spirit or more likely, their cells, every intriguing. From that reading I find myself eager to engage anyone willing to listen and discuss such possibilities, maybe more out of its entertainment power over some table conversation at transplant related events or general conversation that never ceases to draw people into such dialogue. From an early post transplant reading of Deepak Chopra's mention of Claire Sylvia's experience in sharing traits with her donor and even discovering his name in her dreams, I had a unique opportunity to talk to Claire and make a personal judgment as to the validity of her story. She certainly was sane and credible, not selling anything, just sharing an experience that eventually captured both TV audiences on some national talk shows in promoting her own autobiography, A Change of Heart. Hers is one of Pearsall's many such stories, so extending that testimony many times over in those other reports, I was interested to find some scientific basis in Dr. Candice Pert's neuropeptides' research at the NIH. While she doesn't extend her findings to this extreme, one can only wonder at the possible connection to sharing donor memories when huge quantities of cells with possible memory capabilities are transferred in an organ transplant.

Ok, so nothing has been proven, but certainly the reading of such experiences post heart transplant is fascinating, especially if you are one of the thousands of heart recipients enjoying life with that new heart. I would recommend this book, not for its scientific merit, but rather for its entertainment value and for the questions it leaves behind in its reading. While I enjoyed the full hard cover book, it is also available in a 3-hour audio tape format read by its author that you can listen to in your car's tape player on that long trip or daily commute to work when you are recovered from your transplant. I promise that you will be talking about these stories when you are through, and you will be the center of that party conversation with such a topic. Be prepared, their eventual question to you will be, “So, have you had any such experiences yourself?” I have to say, “No, I haven't any firsthand,” but what will you say?

PS: In checking to make sure this was still available through Amazon, I was drawn to the reader's comments about this book and recommend you check them out yourself before taking my comments as "gospel." I did recognize my own comments from back in 1998 when I wrote:

"Fascinating insight into the depths of the human system, May 10, 1998

As a heart transplant recipient myself, I found this book to be fascinating reading. It opens the mind to ideas and concepts that remind us all how little we really do know about our human existence. While I haven't enjoyed any of the very special donor/recipient communications related in the many stories used to support the "heart's energy" concepts Dr. Pearsall offers, I do believe that others have them. This reading offers insights into the realm of our being that science has yet to really come to grips with, but in years to come I wouldn't be surprised to find acceptance of what seems very "wild ideas" today, just as he suggests to the reader. If you can't have your own heart transplant, this is the next most interesting way to share some of that unique miracle that so many today are living."

Note: **The Heart's Code** is available from Amazon.com

Brief bio:

Jim Gleason, receiving his own heart transplant Oct. '94, retired from Unisys Corporation in 2005, is now a volunteer with NKF and UNOS as well as a nationally recognized speaker and author. His book, **A Gift from the Heart**, is offered free in thanks to his donor family and can be obtained by contacting him at GLEASONJIM@AOL.COM.