

A Review of

## ***This Little Heart of Mine***

Author: Joanne Farrell (and her husband Daniel)

Ok, you were looking for a small book to enjoy with an inspiring story, well **This Little Heart of Mine** should fit the bill. At 48 pages, its an easy read of just 11 chapters each between 3 and 5 pages with a powerful “love story” of heart failure and transplant success.

In straightforward and simple language, Joanne, a mother of two girls and teacher in various grade levels and now professor of English, uses her story telling writing skills to take the reader on this short journey that leads to a life saving heart transplant at Jefferson Hospital in Philadelphia. Packed in those pages are enough details of the experience to give the reader a fairly complete understanding and insight into the what today is typical for the average patient facing the amazing heart transplant challenge which so often brings one back to a fairly normal and productive life.

Certainly that is her message, with tributes to her very supportive husband and family, a strong faith and expert medical teams. That strong faith and a “vibrant love of life” come through in her telling, serving to offer hope and inspiration to those who face such challenges in their own lives. This is an excellent gift for the waiting patient who often doesn’t have the attention span (given the body imbalances often associated with pre-transplant) to endure reading the typical much longer book. But don’t judge this small book by just its cover, there is everything that patient may need included in those chapters in a manner that is easy to follow and understand.

Note: **This Little Heart of Mine** is available in paperback on [Xlibris.com](http://Xlibris.com)

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**Reviewer bio:** Jim Gleason, receiving his own heart transplant Oct. '94, retired after 37 years with Unisys Corporation in 2005, is a volunteer with NKF, UNOS and the Gift of Life Donor Program in Philadelphia, as well as a nationally recognized speaker and author. His own book, **A Gift from the Heart**, is offered in thanks to his donor family and can be obtained on a CD without cost by contacting him at [GleasonJim@aol.com](mailto:GleasonJim@aol.com)

