

Dear Transplant Nurse,

I received my new liver on January 25 and 26, 2004 at Jackson Memorial Hospital in Miami. When I came out of the operating room, I don't remember anything at all. What happened after that, I remember very clearly and with great detail.

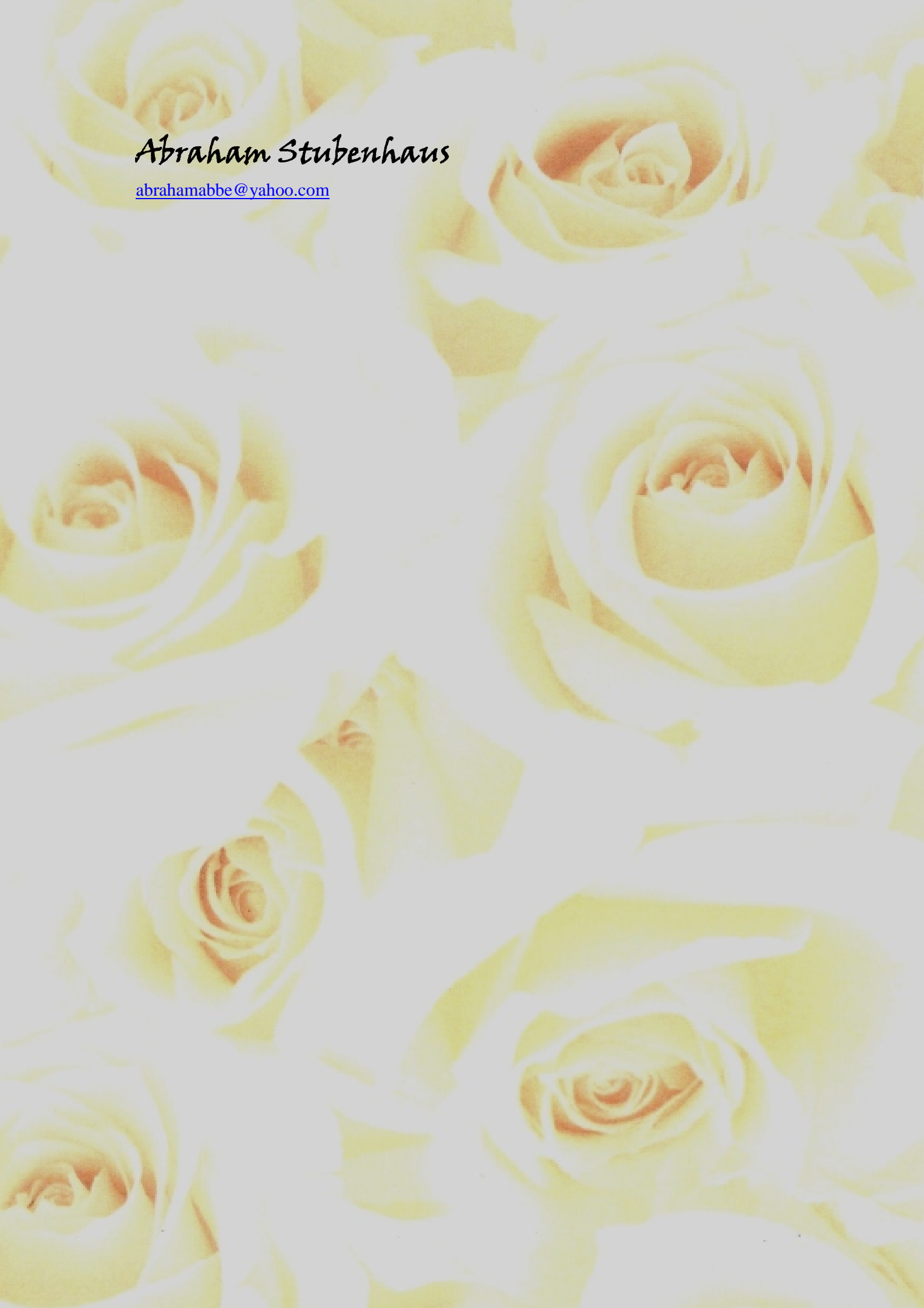
It would take many pages to describe the excellent, super care I received from those who really went "the extra mile" to help. Specifically, I mean, the various people who came in every single day. There was the one who came in every day to take my blood pressure, check my temperature, check my glucose level and pulse. Then there was the one who came in every single day to check my intravenous drips, inspected my surgical dressings and carried on conversations in a pleasant and upbeat attitude. Then there was the one who came in every single day to do breathing therapy to teach me how to breathe again because I had a collapsed lung and only half my of my other lung functioned. Then there were the two nurses who came in every single day to teach me about the new medicines I would be taking and the many restrictions associated with taking those medicines. For example, I was taught to eat or drink nothing for a half hour before I took the prograf and then to wait an additional half hour after the prograf until eating or drinking afterward. Also, I was instructed to take the meds with a full eight ounce glass of water. I was visited by a nutritionist who began to teach me how to eat foods that would be beneficial for the growth and maintenance of my new liver. For example, I learned about the importance of protein intake and the most important thing I learned was, portion control. I was taken for short walks with a supporting arm from a nurse who was surprisingly powerfully strong. These grew into long walks and after, ten days, I was walking around the entire floor and without any limp, thank Gd.

Do you understand what they accomplished???

They worked together to save my life and therefore, they indirectly also saved the lives of those in my family who had been fearful and devastated by the news. Every one of those special nurses just had the incredible ability to just drop their personal lives at the door and focus on helping their patients, and that, is not at all easy!!

I thank every single one of those true heroes and super people who used their lives to give me life.

Respectfully and with Great Love,



Abraham Stubenhaus

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